

LENNOX LONGBOARDERS CLUB

NEWSLETTER

August/ September 2010

Lennox Longboarders Inc
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Greg Gover

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Dario Scopesi

GEAR STEWARD

Terry Kay

PUBLIC OFFICER

Greg Gover

FEATURES

PRESIDENT'S REPORT

STRETCHES FOR SURFING

SECRETARY'S REPORT

UP & COMING EVENTS

CLUB ROUND RESULTS

CLASSIFIEDS/4 SALE

CLASSIC 2010 REPORT & RESULTS



MAJOR SPONSOR

NEWLY RENOVATED LENNOX HOTEL

17 Pacific Pde Lennox Head ph- 02 66 877312

<http://www.lennoxpub.com.au>

the
LENNOX
hotel

CLUB ROUNDS

Meet@ Lennox Main 7.30am.

October 10th

November 14th



Lennox crew @ The Old Guys Rule 13th Annual Lennox Longboard Classic 2010

Thank you to all our sponsors both Major & Minor for
The OLD GUYS RULE
13th Annual Lennox Longboard Classic 2010

TRIPLE X WETSUITS

Don Munro- Triple X UV & Aquatic Clothing

Email- don@triple-x.com.au

Showroom- @ 10 Piper Drive

Southern Cross Industrial Estate. Ballina.

Ph- 6686 3939

10% discount to club members

President's Report.

The 13th Lennox Classic has once more come and gone. In this newsletter I would like to mention everyone, from the club, who put in such a sterling effort. First up we can't place enough accolades on the 3 amigos, George L. Boothy and Peter S. The amount of time and effort they have expended, over many months, on this event is staggering. The Channon's and Peter Regan did an excellent job on over-seeing judging panels and didn't allow people to get away with sloppy work - great stuff. Doc, Hicky and Tim for tallying consistently over the weekend and what about the unsung heroes, Terry K and Darrin N. gear stewards extraordinaire. The Ladies selling product and raffle tickets and to all who helped erect and pull-down tents and participated over the weekend - well done. We have a great little club. See you in the water. PS. The "rager of the night" I'm afraid did not go to a Lennox local but to our colleague from Evans Head, Harry Hahn. What a groover! The musicians from "Mal and the Longboarders" got everyone dancing, or at least smiling.

Cheers El Presidente, Jimmy Baker



Jimmy with his president's closing address at Classic 2010 presentation

Secretaries Report

G'day clubbers,

Well with the Classic over for another year a bit more 'free time' becomes available to enjoy this amazing place we live.

Jimbo has thanked all the crew and I'd just like to take this opportunity to thank Debbie and Mike Court from Old Guys Rule our naming rights sponsor this year and we hope for many years to come. They were fantastic in their help and supplying our contest T's, thanks guys. Also to all our sponsors both big and small, without you the Classic just wouldn't happen.

One of the really fun club nights we had back in July was the ten pin bowling gig at Ballina Tenpin Bowl. Not a great amount of support, bout 21 of us, but a great night with Doc Gover pulling some big scores along with Los who bowled the highest score of the night of 142 points with 3 strikes in a row. The 'style' bowler award for the night must go to side-slippin Chris O'Neil who showed her previous experience in the ten pin alleys. Nobbsy and I had a hard fought last round right down to the 'wire' with us tying on 110. The big fella choked, couldn't handle the pressure. A few ales, cheese, bics and dips, great night all round.

Our social directors Chris and Steve are working on plans for our Xmas do/AGM/ preso on December 11th plus our final club social do for the year in late October, more news on those soon.

A very important part of the end of year do is the club's Annual General Meeting and the election of the new committee for the 2011 season. The club needs support in this area and I will not be standing for the role of secretary so someone needs to put their hand up for that position at least.

CheersGeorge



Lennox Head

PHYSIOTHERAPY

PH 02 66 876124
SALLY PETRIE. MAREE BOWERS.
STUART CHEVAL.

STRETCHES FOR SURFING

Provided by Sally from the Lennox Head
Physiotherapy Centre

Created By: Sally Petrie

SHOULDER - 71 ROM: Inferior Capsule Stretch

Gently pull on left raised elbow with
other hand until stretch is felt
in shoulder.



ARMS - 1 Biceps

With arms straight and
fingers interlaced, raise
arms until stretch is felt.



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These stretches are only to be used as a guideline. Seek help from your Physiotherapist for any specific problems. Remember, generally stretches are held for 10-20secs, should not be forced or painful, and are good to do before, during and after your surf session. If there is a long time between sessions, keep up with your stretches anyway!"

Mi Thai

LENNOX HEAD

Dine in—Takeaway—BYO

(02) 6687 5820

2/76 Ballina Street Lennox Head 2478
www.mithai.com.au

UP & COMING EVENTS. 2010 Calendar WHAT'S LEFT

October

1st/4th **20th Evans Head Longboard Invitational**
10th - **Club Round**- Coffee/tea/cakes - Free
23rd - **Lennox Hotel Club Function**-\$25.00 each

November

6th & 7th - **Woolgoolga Longboard Individual
Titles & Teams Challenge**, Entry forms available
14th - **Club Round** (last for the year) Kebabs -
\$3.00 ea

December

11th- **Club AGM, Presentation and Xmas party
FREE at Hicky's**



Lennox Members at Gromfest in July

CLUB ROUNDS

Lennox Longboarders Round June 2010

Held on the 6th of June, one week early, to allow for the upcoming All Girls Showdown to be held on the June long weekend. Lines of closeouts at Lennox beach breaks forced a rare change of venue for the club to Flat Rock, where the paddle out was easy and the shifting left and right peaks provided some very contestable 1-1.5m waves. The day was a real beauty, especially after the devastating tornado on Thursday. Our thoughts go out to all the locals affected by storm damage and wish them all a speedy return to their relaxed beach lifestyle at Lennox.

We would like to thank our round sponsors: Mai Thai and Fishy Fishy for their support, if you'd like a great feed you can't go past either of these Lennox establishments for value and quality. Sally Petrie won the Fishy Fishy voucher and Callum Gover won the Mi Thai.

Firsts

1. Will Petrie
2. Callum Gover
3. Forfar Petrie

Seconds

1. Greg Gover
2. Terry Kay
3. Peter Regan

Thirds

1. Darin Nobbs
2. Sally Petrie
3. Steve O'Neill
4. Greg Thomas
5. Tim Harrison
6. Tracey Nobbs (didn't surf second round)

Lennox Longboarders July 2010 Round

Lennox Longboarders July round was held in bleak, wintry conditions on the 4th July 2010. A field of 24 surfers took on the new southerly swell, with 1 -1.5m right handers on offer on the Lennox beach breaks. The sandbanks claimed yet another board, snapping Tracey Nobbs' mal cleanly into two pieces.

The winner of the Mai Thai voucher was Sally Petrie, and Terry Kay won the Fishy Fishy voucher.

Firsts

1. Greg Gover
2. Forfar Petrie
3. Jason Geggie
4. Paul Hicks

Seconds

1. Scott Channon
2. Terry Kay
3. Kurt Hardy
4. Wayne Sullivan

Thirds

1. Wayne Booth
2. Scott Seymour
3. Matt Durkin
4. Damien Shanahan

Fourths

1. Peter Regan
2. Jack Shanahan
3. Darin Nobbs
4. Steve O'Neill

Fifths

1. Kai Pick.
 2. Olivia Geggie.
 3. Callum Gover.
 4. Sally Petrie.
 5. Greg Thomas
- Didn't Surf the 2nd round Jim Baker & Tracy Nobbs

Lennox Longboarders Round September 2010

It was with a great sense of relief that doldrums took the day off on Sunday 12th September for the latest Lennox Longboarders round of competition. Clean 3- 4 foot waves rolled in all morning on a beautiful spring day, Lennox beach breaks really turning it on. Twenty six surfers competed, and we welcomed new members Ben Dickens and Arron Smith. Gary Alford won the Mai Thai voucher. Thanks to Chris & Steve O'Neil for perfect egg and bacons rolls.

Firsts

1. Callum Gover
2. Scott Seymour
3. Will Petrie
4. Andrew Thomas
5. Kurt Hardy

Seconds

1. Ben Dickens
2. Scott Channon
3. Greg Gover
4. Arron Smith
5. Gary Alford

Thirds

1. Grant Ryan
2. Col Roderick
3. Wayne Booth
4. Tim Harrison
5. George Leslie

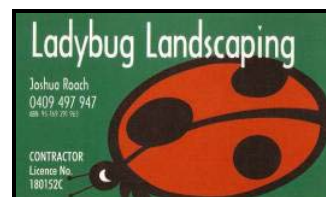
Fourths

1. Scott Beaumont
2. Peter Regan
3. Terry kay
4. Damien Shanahan
5. Dietmar Sobczak

Fifths

1. Jack Shanahan
2. Steve Carrig
3. Jordan Beaumont
4. Toby Ryan
5. Neil Edmonds
6. Steve O'Neill

CLASSIFIEDS



LENNOX HEAD
MOTORS

The Old Guys Rule 13TH Annual Lennox Longboard Classic 2010 Report & Results



The Classic was held on the 7th & 8th of August on the beach breaks of Lennox Main Beach. 100 Longboarders competed in 9 age & gender divisions, over 2 pristine winter days with predominately offshore to southeasterly winds, with a challenging variable swell size 1 to 1.5 metre and a low tide dominating most days with some great waves of the banks on the higher tide. The standout round was the Over 30's semi final on Sunday morning at 7.40am on a higher tide, good punchy waves & down the line surfing

Saturday was the bigger of the 2 days with a punishing sandbank at low tide to contest around mid am. Heats were completed & 2 lots of semi's done in the pm the over 40's & 50's The Saturday night festivities were at the newly revamped Lennox Hotel, a major sponsor. Competitor giveaways at 7.30pm post telecast of the Australia v NZ rugby, with 2 longboards from Global Surf Industries won by 2 local competitors, Greg Thomas & fully stoked cadet grommet Kurt Hardy. Mal & The Longboarders surf band played the place down well into the night.

Stand out results were from the Cunningham family from Bundaberg QLD. Twins George & Ed coming 1st & 2nd in the Junior U/18's, George 5th in the Open 9 ft division and dad Glen securing 2nd in the Over 30's & 2nd in the Over 40's division. Stand out surfing in the final event the Open 9ft Final on Sunday with Ben Dickens from Byron the eventual winner in a quality final.

Sunday at 3pm the preso was conducted at the Lennox Hotel, with the contest raffle going off & one lucky soul winning a Walden Carbon fibred rail longboard. Raffle proceeds to selected local & national charities as per previous years.

With fantastic sponsorship from Old Guys Rule clothing, surfboard distributor Global Surf Industries, Coca Cola Amital., XXXX-Summer Bright Lager, ALB, Sunzapper Sunscreen, to name a few. A hearty thank you to the Lennox Hotel & all the local businesses that supported this years Classic. And of course thanks to the competitors for their support patronizing the event. This years classic was heralded as a great success, continuing an annual longboarding event for the Lennox area in the 2nd weekend of August.

Results:

Hogs Breath & Maddog Surf Ballina/ Mystery Final: 1. Dave O'Donnell (Byron) .2.Scott Beaumont (Lennox) .3. Greg Thomas (Lennox) .4. George Leslie (Lennox). 5. Damian Shanahan (Lennox).

XXXX Summer Bright Lager & Stomp Surf Wax Old/ Mal Final: 1. Mike Pimm (Cabarita). 2. Nick Jorganson (Alexandra Headland Qld). 3. Tony Abood (Cabarita). 4. Dion Harris (Currumbin QLD)

Vital Beauty Lennox & Island Style Designs/ Open Ladies Final: 1. Kirsty Webster (Cabarita). 2. Rose Speers (Byron). 3. Olivia Geggie (Lennox). 4. Roisin Carolan (Lennox)

Peter Edmonds Memorial/ Rip Curl/ Cadets Final: 1. Callum Gover (Lennox). 2. Jack Shanahan (Lennox). 3. Kurt Hardy (Lennox). 4. Kahu Andronicus (Lennox). 5. Jordan Beaumont (Lennox).

Junior Final. 1. Ed Cunningham (Bundaberg QLD). 2. George Cunningham (Bundaburg QLD). 3. Tyler Hing (Byron). 4. Adam Whitby (Ballina). 5. Roisin Carolan (Lennox).

Glacau & Northern Star/ Over 30's Final. 1. Nigel Canterbury (Tweed). 2. Glen Cunningham (Bundaburg QLD). 3. Jamie Willems (Caloundra QLD). 4. Scott Seymour (Lennox)

Triple X Wetsuits & Dirty Dog Sunglasses/ Over 40's Final: 1. Rick Chalmers (Gold Coast). 2. Glen Cunningham (Bundaburg QLD). 3. Mick Furchtman (Evans Head). 4. Darin Nobbs (Lennox). 5. Greg Gover (Lennox). 6. Paul Abbott (Ballina).

Sun Zapper Sunscreen & Headland Beach Resort Lennox/ Over 50's Final: .1. Mark Baptist (Woolgoolga).2. Mike Pimm (Cabarita). 3. Greg Moir (Burleigh QLD). 4. Dennis Carberry (Burleigh QLD). 5. Forfar Petrie (Lennox). 6. Steve Watts (Ballina).

Old Guy's Rule & ALB Magazine/ Over 60's Final: .1. Peter Cox (SA). 2. Ben Hutchings (Cabarita). 3. Dennis Lowe (Burleigh QLD).4. Peter Farrell (Ballina) .

Global Surf Industries & 4wayfinsystem/ Open 9 Foot Final: 1. Ben Dickens (Byron).2. Mitch Surman (Gold Coast). 3. Clint Guest (Burleigh QLD). 4. Ed Cunningham (Bundaberg QLD). 5. George Cunningham (Bundaberg QLD). 6. Scott Channon (Lennox)

Best Noserider Award- Ed Cunningham (Bundaberg QLD). Report & Results c/- Wayne Booth, Coordinator Classic 2010

**Photos of Lennox Longboarders club members featuring in finals of the
OLD GUYS RULE 13th Annual Lennox Longboard Classic 2010**



CADET finalists Classic 2010



Over 30's Finalists



Over 40's Finalists



Over 50's Finalists

The contest scene



The Longboard Giveaways



Judges Tent



Ladies Finalists

Jimbo's Noosa Wrecks and Relics Tales

Hello clubbers! Hope you are enjoying the winter conditions. Your illustrious president was absent from the last club round because he was representing you all (well at least those of you who are over 50) at the Noosa Wrecks and Relics.

Beautiful conditions at Castaways Beach where we had a solid 4ft wave on the final day. I'm afraid to have to report that the President of the Ballina Mal Club pushed me into 4th position in the over 60s!!

Both Ballina and Burleigh clubs were well represented at this event and I would love to see some of you join me next year.

Will keep you posted.

See you in the water!

Pres Jimbo



Pres Jimbo stylin at Castaways Beach Noosa during the Wrecks and Relics comp.

I'm sure there are a lot more stories about the W&R comp but Jimbo is keeping very tight lipped about it, might get some more info with some liquid bribing..... Ed